



## Go Girls & Guys! Community Program

A Program Developed and Offered by UVA Children's Hospital  
Presented in Collaboration with Orange County Parks & Recreation

**What:** A fun dance-based and wellness program for kids developed by UVA Children's Hospital. We provide 30 minutes of dance fitness by licensed instructors, along with 15 minutes of discussions about health and wellness topics.

**Where:** We will be providing the program at Gordon Barbour Elementary School.

**When:** The program is provided for 45 minutes on Tuesdays from 3:15pm-4pm  
October 22 - November 26, 2018

**Cost:** FREE!

**Registration:** Parent or legal guardian must complete a registration form for each child participating.

**To Register, Contact:**

**Orange County Parks & Recreation**

**146 N. Madison Rd., Ste. 205**

**Orange, VA 22960**

**(540) 672-5435**

**For more information, please contact:**

**Anna King, Outreach Coordinator**

**UVA Children's Fitness Clinic**

**(UVA Children's Hospital)**

**akk8n@virginia.edu**

**434-982-1607**