

# Living Your 100 Year Lifestyle®

Orange Chiropractic & Family Fitness

Proudly Presents An Evening With



Live Yours!™

**Guest Speaker: Dr. Eileen Whelan**

The 100 Year Lifestyle has been featured on CNN, ABC, FOX, TBS "Movie & A Makeover" and more.

We are a proud 100 Year Lifestyle Affiliate Office!

**If you knew you'd live to be 100,  
How would you change your life NOW?**

- ★ Create a Vision For Your Life
- ★ Raise a Super Healthy Family
- ★ Rediscover Youthful Energy
- ★ Master Life Changing Principles
- ★ Transform Your Health
- ★ Live With Passion

**Do you have aging parents or grandparents?  
You have their genes. You can age with health and vitality.**

**Don't miss this special event**

**April 22, 2019 at 6pm**

Orange Baptist Church  
123 W Main Street  
Orange, VA 22960

**Free childcare and dinner provided at program.**

**Pre-registration required by 4/15/19.**

**(540) 672-5435**

**Held in partnership with Orange County Parks and Recreation &  
the Orange County Office on Youth**