TAI CHI

Orange County Parks & Recreation
Introduction to Tai Chi Class

Tuesday Evenings, 6:30pm-7:30pm
August 25 - October 20 (No Class Sept. 15)
Dogwood Village Senior Living Building
Wellness Room
Registration Fee: $95 per participant
Intermediate Program Also Available

PRE-REGISTRATION REQUIRED
Sign up at OCPR Office in Sedwick Building
(above Public Library)
For more information call: (540) 672-5435
www.orangecountyva.gov/parksandrecreation