



NEWS RELEASE

**For Immediate Release
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ORANGE COUNTY OFFERS WELLNESS AND AWARENESS INITIATIVE: “STEPPING THE COUNTY”

Orange County, VA – The Orange County Department of Parks & Recreation and the Orange County Department of Tourism have partnered to offer a brand-new wellness and awareness initiative: “Stepping the County”. The program encourages citizens to walk, jog, run, or hike up to a hundred (100) miles while exploring fifteen (15) historic and cultural resources in the county.

Registered participants of “Stepping the County” will receive rewards for completing milestones related to the pillars of the program: mileage recorded and sites visited. Additionally, individuals who complete the program will be entered into a drawing for a chance to win the grand prize: an Orange County gift basket valued at approximately \$500! The visit and mileage log sheet will be available for participants to download beginning in late March. The program’s signup period is open until the end of March 2020, with the program running April through July. Rewards will be distributed to qualifying participants in August. The program is free, but pre-registration is required to participate.

To register for this program, please visit www.orangecountyva.gov/steppingoc or call the Parks & Recreation Department at (540) 672-5435. Rules and regulations apply, please view the program guidelines before registering.

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