



Orange County Parks & Recreation Tai Chi Fundamentals - Summer

*** NEW CLASS ADVANCEMENT OPPORTUNITIES ***

Tai Chi Fundamentals Section I: Tuesday Evenings

June 1 - July 20, 2021, 6:30-7:30pm, \$80 Fee

Covers 1st Third of Cheng Man Ching's simplified Tai Chi Ch'uan (37 posture form)

Tai Chi Fundamentals Section II: Thursday Evenings

June 3 - July 22, 2021, 6:30-7:30pm, \$80 Fee

Covers 2nd Third of Cheng Man Ching's simplified Tai Chi Ch'uan (37 posture form)

**Section II registration requires proficiency with first third of the form.*

All Classes Held Outdoors at Booster Park Pavilion
11177 Bloomsbury Road, Orange, VA 22960

PRE-REGISTRATION REQUIRED

Sign up at OCPR Office in Sedwick Building
(above Public Library)

For more information call: (540) 672-5435

www.orangecountyva.gov/parksandrecreation